

Learning How To Live A Purpose Focused Life

By Dr. Norman Wise



Some People Doubt They Have Purpose

Where Are We Going?

- 1) What is a life purpose?**
- 2) How do I discover my life purpose?**
- 3) A Radical Suggestion?**
- 4) How do I gain the “right” life purpose?**
- 5) Questions**

What is a “Life Purpose”?

purpose -1.the reason for which something is done or created or for which something exists:

Life – The existence of an individual

My Life Purpose – The reason that I exist specifically. What I was made to accomplish.

How Do I Find My Life Purpose?

Core Beliefs

What do your actions tell others you believe?

“This is how humans are: we question all our beliefs, except for the ones we really believe, and those we never think to question.” – Orson Scott Card

How do we find our true “Core Beliefs”?

Laddering

Action: I took a wrong turn on the road.

Automatic Thought: I am always making mistakes

What does this matter? What does this mean?

Automatic thought: It means I am stupid and not as bright as I need to be

What does this matter and mean?

That I am a failure and a fraud

Another Ladder

Action: I took a wrong turn on the road.

Automatic Thought: I am glad I noticed

What does this matter? What does this mean?

Automatic thought: God is kind to let me see my mistake

What does this matter and mean?

Even when I mess up, God is helping me

Where did these come from?

Family and Home or Origin
Successful Experiences
Painful Experiences
Failing Experiences
The “Big Books” & “Big Movies” of our lives

The “Big People” of our lives
The “God Events” of our live
Our formal faith or Philosophy
Our Own Hearts

Values

Negative

Why try hard since I will fail
I have to work harder since I am dumber than most people
I have to hide who I am because if people knew who I was they would reject me.

Positive

I can trust that even when bad things happen it will be OK.
God watches over me so I am never abandoned.
I see God working in all things for good.

Life Purpose

Survival
Self
Money
Others
Country

God
Christ

The bottom line

Figure out what Reality is and adapt to it.

What is Real to You?

A Radical Suggestion

Two Ways To Live

Draw Pictures

<http://www.matthiasmedia.com.au/2wtl/>
<http://www.matthiasmedia.com/two-ways-to-live-the-choice-we-all-face>
<https://www.youtube.com/watch?v=kbcvuu8ICfg>

Revelation 4:11

Worthy are you, our Lord and God, to receive glory and honor and power, for you created all things, and by your will they existed and were created.

Roman 3:10-12

There is no-one righteous, not even one; there is no-one who understands, no-one who seeks God. All have turned away.

Hebrew 9:27

Man is destined to die once, and after that to face judgement.

1 Peter 3:18

Christ died for sins once for all, the righteous for the unrighteous, to bring you to God.

1 Peter 1:3

In his great mercy he has given us new birth into a living hope through the resurrection of Jesus Christ from the dead.

A Radical Suggestion

**"(1) See how great a love the Father has bestowed on us, that we would be called children of God; and [such] we are. For this reason the world does not know us, because it did not know Him. (2) Beloved, now we are children of God, and it has not appeared as yet what we will be. We know that when He appears, we will be like Him, because we will see Him just as He is. (3) And everyone who has this hope [fixed] on Him purifies himself, just as He is pure."
[1 John 3:1-3 NASB]**

Come Follow Me

**"(19) And He said to them, 'Follow Me, and I will make you fishers of men.'
[Matthew 4:19 NASB]**

**"(9) As Jesus went on from there, He saw a man called Matthew, sitting in the tax collector's booth; and He said to him, 'Follow Me!' And he got up and followed Him."
[Matthew 9:9 NASB]**

"(24) Then Jesus said to His disciples, 'If anyone wishes to come after Me, he must deny himself, and take up his cross and follow Me.'" [Matthew 16:24 NASB]

Promise of a Worthy Purpose

"(58) Therefore, my beloved brethren, be steadfast, immovable, always abounding in the work of the Lord, knowing that your toil is not [in] vain in the Lord."
[1 Corinthians 15:58 NASB]

But How?

"(34) Become sober-minded as you ought, and stop sinning; for some have no knowledge of God. I speak [this] to your shame." [1 Corinthians 15:34 NASB]

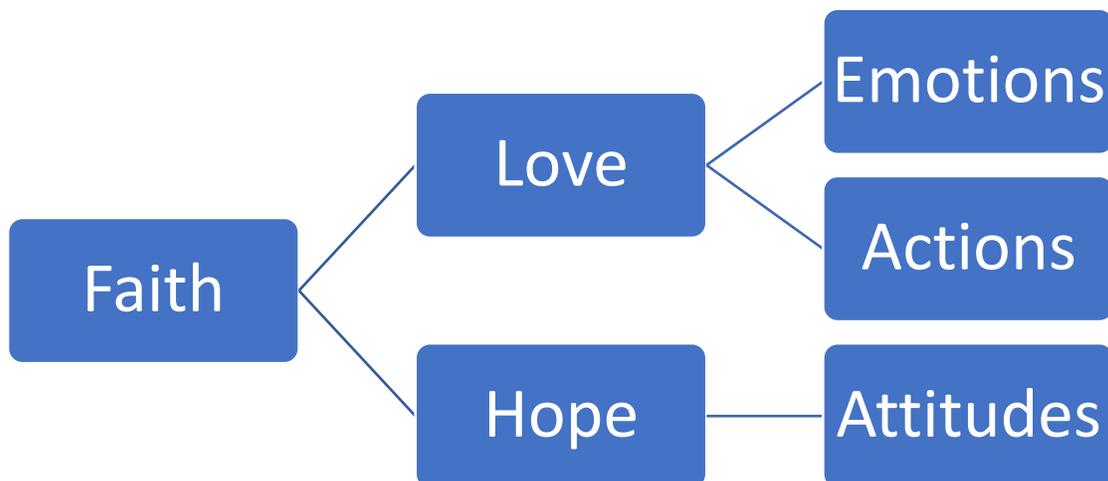
"(5) But you, be sober in all things, endure hardship, do the work of an evangelist, fulfill your ministry." [2 Timothy 4:5 NASB]

"(13) Therefore, prepare your minds for action, keep sober [in spirit,] fix your hope completely on the grace to be brought to you at the revelation of Jesus Christ."
[1 Peter 1:13 NASB]

"(7) The end of all things is near; therefore, be of sound judgment and sober [spirit] for the purpose of prayer." [1 Peter 4:7 NASB]

"(8) Be of sober [spirit,] be on the alert. Your adversary, the devil, prowls around like a roaring lion, seeking someone to devour." [1 Peter 5:8 NASB]

The Big Picture



How Does Jesus Become My Core Belief?

"(17) So faith comes from hearing, and hearing by the word of Christ." [Romans 10:17 NASB]

Seeing Jesus – Objectively

Read one of the gospels a chapter a day and journal each day any insight about Jesus this gives you.

Jesus the King Study Guide: Exploring the Life and Death of the Son of God by Tim Keller

Read a commentary with the gospel you read.

Matthew Henry's Concise Commentary on the Whole Bible by Matthew Henry

The Life and Times of Jesus the Messiah; by Alfred Edersheim

Jesus the Messiah: A Survey of the Life of Christ; by Robert H. Stein

Watch movies about Jesus

Jesus (1979) - <https://www.youtube.com/watch?v=EWYule8ftHA>

The new Jesus film (2013) - <https://www.youtube.com/watch?v=LXVArTlpmmw>

The gospel of Matthew - <https://www.youtube.com/watch?v=iKv5N6SRDqU>

Jesus of Nazareth - <https://www.youtube.com/watch?v=Yi0ypbEaK4c>

Read books about Jesus the Messiah and defending the faith

The Greatest Story Ever Told by Fulton Oursler

Get More Convinced About Jesus

The Case for Christ: A Journalist's Personal Investigation of the Evidence for Jesus Lee Strobel

New Evidence of Jesus' existence

<https://www.youtube.com/watch?v=XAN3kQHTKWI>

12 Facts about Jesus

<https://www.youtube.com/watch?v=v0t36TWmbR0>

Seeing Jesus Subjectively

Art focused on Jesus

http://www.allposters.com/-st/Jesus-Christ-Fine-Art-Posters_c104146_.htm

Songs focused on praying and praising Jesus

10 Amazing Songs About Jesus

<http://www.whatchristianswanttoknow.com/10-amazing-songs-about-jesus/>

Writing Your Jesus Journal

Begin with birth and write on how Jesus has helped you in your life. (Your experiences with Jesus in various ways)

- + Your first encounter with Jesus as your Savior and Lord
- + Other encounters with Jesus

- + Any healings from Jesus
 - Physical
 - Emotional
 - Spiritual

- + List the things that most impress you about Jesus Christ. Read this to yourself 6 times a day for 90 days

Seeking a personal encounter with Jesus Christ

- + List of questions you would like to ask Jesus and then ask him.
- + Pray to Jesus and ask for a revelation of him to your soul
- + Come to church seeking to see Jesus
- + Devote time to just sitting at the feet of Jesus
- + When you read the Bible ask to see Jesus in the reading
- + How to Worship Jesus Christ: Experiencing His Manifest Presence Daily – by [Joseph S. Carroll](#) (Author), [John F. MacArthur Jr.](#) (Foreword)

My Specific Purpose

"(8) Then I heard the voice of the Lord, saying, 'Whom shall I send, and who will go for Us?' Then I said, 'Here am I. Send me!'" [Isaiah 6:8 NASB]

No Little People & No Little Places

Defining my "Jesus Purpose"

Every relationship is a mission field

All Work is HIS Work given to you

Your Good Passions are From Him

Your Abilities are from HIM & For HIM

No Pain Without Purpose

Questions